



Sea Snakes Swimmer Swim 2024

Parent Packet Quick Reference Guide

For the full season parent packet and more information, please visit shepherdseasnakes.com.

All communication, announcements, meet opt-in, and so forth is done through our TeamUnify website: www.shepherdseasnakes.com. All swimmers need to be registered on that platform. The mobile version of the website is called OnDeck. Information is also provided on the Sea Snakes Facebook page and the announcement wall on the pool deck.

Group Times and Coaches

All communication should be done through the parent/guardians and the head coach, Erica Wheatley at ewheatle@shepherd.edu. Coaches are also available after practices to talk to swimmers and families.

Gold	Silver	Bronze
High School	Middle School	Elementary School
<i>M-F 6:00 – 7:15am</i>	<i>M-F 7:15-8:15am</i>	<i>M-F 8:00-9:00am</i>
Lead Coach: Tim Clayton Assistant Coaches: Richie Gleason, Barb Jones, Erica Wheatley	Lead Coach: Erica Wheatley Assistant Coaches: Beccah Nelson, Michael Asmussen, Barb Jones, Brandi Bennet	Lead Coach: Bradi Schriever Assistant Coaches: Brandi Bennet, Beccah Nelson, Michael Asmussen

Copper – Level 4	Copper – Level 3	Copper – Level 3	Copper – Level 2
5+	11+	5-10	5+
<i>T/Th 9:00-9:30am</i>	<i>T/Th 9:00-9:30am</i>	<i>T/Th 9:30-10:00am</i>	<i>T/Th 9:30-10:00am</i>
Lead: Logue Schriever Assistant: Michael	Lead: Beccah Assistant: Erica	Lead: Michael Assistant: Erica	Lead: Logue Schriever Assistant: Beccah

Equipment

- Practice Swim Suit
- Goggles
- Practice Cap
- Water Bottle
- Sneakers
- Fins
- Yoga Mat
- Towel(s)
- Competition Suit (optional)
- Competition Cap (optional)

Meets and Events

Sea Snakes Summer Swim is a travel swim team as part of the Mid-Atlantic Summer Swim League, with teams in WV, MD, and PA. Parents are responsible for organizing transportation to and from all swim meets. Children under 13 must have parent/guardian supervision at all swim meets. Participation in meets is not required, but is expected Gold, Silver, and Bronze group members. Swimmers must “opt-in” for each meet by declaring their attendance on the Meets and Events page of the TeamUnify team website, shepherdseasnakes.com, by the deadlines posted.

Sea Snakes MASSL 2024 Meet Schedule

Saturday, June 8 - HAGY @Shepherd 3:30 pm Warm-up
Monday, June 10 - Team Pictures @ Shepherd 6:45 pm Arrival
Tuesday, June 11 - Tri Meet @ FAST w/ HAGY 5:30 pm Warm-up
Saturday, June 15 - @ Mercersburg 8:00 am warm-up
Saturday, June 22 - Jefferson Park, Martinsburg @ Shepherd 3:00 pm warm-up
Saturday, June 29 - @ Moss Spring 8:00 am warm-up
Tuesday, July 2 - @ Northwood 5:30 pm warm-up
Thursday, July 11 - Martinsburg @ Shepherd 5:30 Warm-up
Saturday, July 20 - Summer Splash League Last Chance Qualifier @ Northwood 8:00 am warm-up
July 21 or 22 – Team Party and Awards Potluck
Saturday, July 27 - All Stars League Championship Meet @ Shepherd 2 pm Warm-Up

Reminder – Summer swim can only function on volunteer support. We need all swim families to help time, work concessions, line up swimmers etc at meets and also help throughout the season with activities, fundraisers, and so forth. Meet volunteer slots are found on the Meet Opt-In pages, and if you have not yet signed up yet for a Volunteer Committee please email seasnakesbooster@gmail.com.

Shepherd University Wellness Center 164 University Drive P.O. Box 5000 Shepherdstown, WV 2544 304-876-5300 www.shepherdwellness.com	Andria Moyer Assistant Director & Aquatics Coordinator Sea Snakes Swim Team - Team Administrator aleach@shepherd.edu	Erica Wheatley Sea Snakes Swim Team Head Coach ewheatle@shepherd.edu
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Myshepherdwellness.com	TeamUnify (Team Website)	Required Gear	Swimoutlet.com	Swim Cloud
				